



## GGYC CONTRACT for Yoga Teacher Training Programs –

Please PRINT, SIGN AND RETURN sections set out IN GREEN

### SECTION A – Please Print, complete and sign this page

200 hour (22 – 35 Day) Hatha Transformational and Vinyasa Flow Teacher Training Certification 3/4/5week Intensive Courses Program Length: minimum 150 contact hours

Registration /Administration Fee: €500.00. Tuition Fee €2000.00

**Total Cost Due:** € 2500.00 Early Bird €2200.00

200 hour (22 Day) Hatha Transformational and Vinyasa Flow Teacher Training Certification Courses. Terms 1 and 2. 11 Weekends Starting September – Graduating June

Program Length: minimum 150 contact hours

Registration /Administration Fee: €500.00. Tuition Fee € 2000.00

**Total Cost Due:** € 2500.00 Early Bird €2200 (Program now also available in January- December subject to terms and conditions)

200 hour (22 Day) Courses Starting January – Graduating December

Seven weekend Jan to June and four weekends Sept to December.

Program Length minimum 150 contact hours

Registration/ Administration Fee: €500. Tuition Fee €2500

**Total Cost Due:** € 2500.00 Early Bird €2200

300hr Diploma – an additional 100 hour (10 day) Hatha, Transformational with Vinyasa Flow 5 weekends of training for Qualified Teachers. This work can also be completed on Intensive courses.

Term 3

Program Length: minimum 80 contact hours **Only** available to 200hr qualified teachers All disciplines welcome.

Registration /Administration Fee: €500.00. Tuition Fee €500.00

**Total Cost Due:** € 1000.00 Early Bird €800

500 hour (36 month Program) Hatha and Vinyasa Flow Degree Program

Program Length: minimum 500 practice hours plus 80 contact hours

Registration/Administration Fee: €500.00. Tuition Fee € 2000.00

**Total Cost Due:** €2500.00 Reduction possible of hours and fees subject to experience.

Course Choice .....Registration Fee Date .....Circle - Full / Early Bird Fees

Payment Plan .....

Venue ..... Total Cost €.....Full name ..... Signed.....

Golden Glow Yoga College, GGYC

**GGYC GALWAY – The Galway Wellness Studio, Terryland House, Headford Road Galway Ireland.**

Tel: 00 353-(0)-85-7151321

Email: [info@goldenglowyoga.ie](mailto:info@goldenglowyoga.ie) Web: [www.goldenglowyoga.ie](http://www.goldenglowyoga.ie)

Director: Dr Sri Radha Sharon O’Neill BCL Hons PhD. Yoga



Please complete the details for the course of your choice. **PRINT, SIGN and Scan Section A, this page and Sections F G H These MUST be returned to GGYC with place acceptance.**

**Student Details** Please use complete the form below.

Please use capital letters. I hereby accept the Offer of a Place on the Teacher training course as set out above

Name: .....

Address: .....

Phone: .....

E-mail: .....

Date of Birth: .....

This Teacher Contract is an Agreement and is made on the ..... day of .....20..... between Golden Glow Yoga College (otherwise known as Golden Glow Yoga College or GGYC) and I.....  
Herein after known as the Student Teacher. This contract sets forth;

The Program lists Information, venue and fees. Please keep a full copy for you own records **Print off, sign and return pages of the Contract in Green for GGYC administration only. This does not void Terms and Conditions therein.**

- A. **Registration and Administration and Tuition Fees**
- B. The Terms and Conditions of all services of Golden Glow Yoga College
- C. The additional specific terms and conditions under which service for Teacher Training will be provided and the student teacher will attend and participate in certain Golden Glow Yoga College teacher certification and training programs.
- D. The terms and conditions governing the student teachers use of the Golden Glow Yoga College methods, techniques, systems, procedures and proprietary written and recorded materials.
- E. The Student Teacher Understands
- F. The Student Teacher Acknowledges (page break for printing purposes)
- G. **The Agreement Contract**
- H. **The Curriculum for the specific course attended.**
- I. **The Enrolment Form (ONLY print, sign and return if not already completed )**

N.B. The Board of Directors of Golden Glow Yoga College is hereafter referred to as The Board.

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I UNDERSTAND THAT BY SIGNING THIS AGREEMENT, I AM ENTERING INTO A LEGALLY BINDING CONTRACT AND WILL BE BOUND BY THE PROVISIONS SET FORTH BELOW.



**A) As above and agreed.** PRINT ALL SECTION A - I FOR YOUR OWN RECORDS **TO BE PRINTED COMPLETED, SIGNED in GREEN**

**B) Registration and Tuition Fees:**

Golden Glow Yoga College accepts the following forms of payment:

Cash, Cheque, Visa credit cards, Visa Debit Cards.

Payment of the Teacher Training Registration Fee is entering into a contract to supply services for a fee between GGYC and the Student Teacher.

**Payment**

**No fees, Registration or Tuition, will be refunded once a course has begun.**

50% of a **Registration fee** is refundable up until one month before the course commences if this is the only payment made. This is only refundable in the event of withdrawal from the course **prior to attendance of any instruction. Refund of Tuition fees is not available and students will be liable for tuition course fees regardless of attendance once the Registration Fee has been accepted and a place allocated and a place has not been cancelled, no later than one calendar month before the course is due to begin.**

Payment for the program should be made in full for Early Bird Rate or by instalment using Instalment Plan A, B or C or as agreed and a payment date/arrangement set out in writing. An Early Bird Fee reduction of 10% is applied **ONLY** to fees paid **IN FULL** one month before the start of the course. **Otherwise full fees will be applied.** Payment of the Registration Fee is the intention to create legal relations and will be accepted as having signed this contract and being bound by the Terms and Conditions therein. This contract **MUST** be completed and returned to GGYC Galway.

**Cancellation and Refund Policy**

**Three Day notice of Cancellation:** An applicant who submits written / e-mail notice of cancellation of the program within 7 days (excluding Saturday, Sunday and Irish public Holidays) of paying a Registration Fee and therefore being deemed as having read and understood the terms and conditions of signing an enrolment agreement is entitled to a refund of all monies paid excluding 50% of the Registration/ Administration Fee. No later than 30 days of receiving the notice of cancellation, Golden Glow Yoga College will refund fees excluding the non-refundable portion of any Registration and Administration Fee, as required.

**Books/ Workshops**

Any workshops paid for and attended by the student are not refundable unless otherwise agreed. Reading texts from the book list are not included in tuition fees and the first five books on the list are to be purchased by the students at their own expense.

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**C) The Terms and Conditions of all services of Golden Glow Yoga College**

Golden Glow Yoga College (GGYC) Terms and Conditions. Classes, Workshops, Private Sessions of Teachers Training Services:

- Golden Glow Yoga College and its Board of Management, hereafter known as The Board, reserves the right to refuse admission to classes, workshops and Teacher Training Courses that is not discriminatory in nature or unlawful.

**Security of Information:**

- Golden Glow Yoga College takes the privacy and security of our customers and their personal information very seriously. Information collected is used strictly by us to provide our services to you and is required for the provision of our services.
- Information submitted Golden Glow Yoga College may be shared with administrative staff and teachers only and then solely for the purpose of administration and teaching.
- Customers understand that Golden Glow Yoga College engages in social media networking, such as Facebook, Twitter, Flickr etc. as part of the company's promotional endeavours, which may involve sharing of photos or other information.

Under no circumstances do we sell participant or personal information to others. Please note that we will not share health information that may have been provided in connection with a program, program withdrawal or request for refund.

- Golden Glow Yoga College may contact customers about upcoming events and opportunities. This will require the use of contact details. If you are uncomfortable with this please make this explicitly known to the staff via email or upon completion of your Enrolment Form. Otherwise your acceptance is deemed to have been given.
- It is requested that Customers provide details of an emergency contact, name and phone number. This will only be used solely for this purpose. Golden Glow Yoga College reserves the right to contact emergency services in the event of concern for a customer's health should the need arise and in the opinion of the class instructor. Golden Glow Yoga College is not liable for any costs incurred. These shall remain the responsibility of the customer or the next of kin.
- Golden Glow Yoga College will release any information that is required to be released by law or court order. In exceptional circumstances it may be necessary that we disclose your personally identifiable information if we believe, in good faith, that disclosure is otherwise necessary or advisable to protect the interests of Golden Glow Yoga College. We will seek to ensure that any proposed disclosure is required in the circumstances and then ensure that we disclose only the information that is required.
- Links from or to web sites outside our Company websites [www.goldenglowyoga.ie](http://www.goldenglowyoga.ie) or [www.goldenglowyoga.co.uk](http://www.goldenglowyoga.co.uk) or [www.goldenglowyoga.com](http://www.goldenglowyoga.com) are meant for convenience only. Golden Glow Yoga College does not review, endorse, approve or control and is not responsible for any sites linked from or to the above websites, the content of those sites, the third parties named therein, or their products and services. Linking to any other site is at your sole risk and Golden Glow Yoga College will not be responsible or liable for any damages in connection with said linking.

**Payments and Cancellations:**

- Golden Glow Yoga College is a yoga educational facility and offers classes, private tuition, workshops and teacher training subject to availability. Golden Glow Yoga College cannot guarantee a place in a class or a workshop or Teacher Training program. Full payment or course fee instalment arrangements must have been made. The placement is still subject to availability agreed by the Board. Golden Glow Yoga College requires a minimum of 24 hours of notice of cancellation for classes that are pay as you go. The full cost of the class/ courses must otherwise be paid in advance and entry into classes may be suspended until payment is made.

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- Golden Glow Yoga College Offers do not automatically entitle other customers to the same discounts and concessions and are subject to additional Terms and Conditions contained therein.
- Golden Glow Yoga College accepts no responsibility for cancellations, delays, changes or losses caused by Acts of God, war, threat of war, closure of airports, interrupted train or bus services, civil strife, natural disasters, accidents or any other events beyond our control.
- Golden Glow Yoga College accepts no responsibility for injuries, illnesses, medical or psychiatric conditions of customers developed during or subsequent to classes, private sessions, workshops or Teacher Training, as well as loss of or damage to, personal property during their attendance at the College or any venue used for these purposes.
- All Credit Cards for any Classes, Workshops, Private tuition or Teacher Training will be processed in Euros at the time of payment. Golden Glow Yoga College is not responsible for any fees, charges, exchange rates or additional charges levied by individual financial institutions or Credit Card companies.
- **Yoga Classes** – Class fees paid on-line are not refundable after 7 days of payment being made. Upon notification of intention to seek a refund /cancellation within 7 days of joining, 75% of subscription will be refunded within 14 days. **Yoga Private classes**- are not refundable except for medical reasons, which must be certified. A 24hour Notice of Cancellation is required otherwise the cost of the Private class is payable.
- **Yoga Workshops/Retreats**– Upon notification of cancellation 14 days or more of workshop/retreat start date, 75% of the fee will be refunded within 14 days. Upon notification of cancellation 7 days before workshop/retreat date 50% of the fee will be refunded within 14 days. Thereafter, there is no refund.
- **Teacher Training Courses** Medical Cancellations – Refunds or part refunds for private classes or workshop fees can be allowed on medical grounds and are assessed on a case by case basis, at the discretion of the Board. Supporting documentation is required.

**In the unlikely event that a Golden Glow Yoga College workshop/ retreat or class is cancelled an alternative workshop or private class will be offered.**

If daily classes, workshops or private classes must be abandoned or interrupted due to exceptional circumstances there will not be a refund if more than half of the event has been completed (start and finish dates inclusive).

#### **Yoga Teacher Training Programs –**

Golden Glow Yoga College offers a placement to a student teacher at the discretion of it the Board of Management. Golden Glow Yoga College require a Registration/ Administration fee is paid to Golden Glow Yoga College by either electronic transfer, cheque, bank draft or cash to ensure a place is reserve. The fees are inclusive of initial certification with YAI Yoga Alliance International on the basis of non -requirement for ongoing certification fees from YAI as is the current policy and any subsequent or additional future annual fees that may become due from YAI but not applicable upon creation of this contract, are the sole responsibility of the qualified teacher to address at their own discretion.

Golden Glow Yoga College requires a signed Contract of Agreement for Teacher Training Services and a signed Enrolment form for all students which receive tuition. These student Teachers are also subject to these Terms and Conditions contained herein.



- **Venues** Courses are held at venues deemed suitable by the Board and are subject to change. Every effort is made to ensure continuity of location for the duration of a course of classes or Teacher Training.

#### **Injury or illness prior to or during classes, workshops, private sessions or Teacher Training Courses:**

- It is the responsibility of the client to advise the Teacher of medical conditions, or injuries before class or private session or workshop or when interviewed for placement before Teacher Training commences.
- If you are pregnant, you are strongly advised to take Pregnancy Yoga classes if you have no yoga experience. Before you commence classes ensure the teacher is aware of your condition. All classes are taught by qualified yoga teachers who will have an awareness of pregnancy modification. Attendance and participation is entirely at the student's own discretion however. Teacher Training should, ideally be completed by non-pregnant students and Golden Glow Yoga College reserves the right to offer alternative course hours and alternative arrangements to complete said hours if this seems in the best interest of the course participants in the event of a pregnancy during the course terms. The decision of the Board is final. Certification may be delayed to better ensure adequate training standards have been achieved through attendance hours and the student become unencumbered.
- By participating in workshops/ retreats, classes, private sessions, or teacher training customers retain control and direction over all their physical activities and voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of participation in activities during the classes or workshops or teacher training.
- Golden Glow Yoga College holds no liability for any injury or illnesses that occur to trainees during workshops or classes or Teacher Training.
- The nature of a yoga workshop, classes and teacher training, includes a certain level of interpersonal physical contact. By participating a customer voluntarily agrees to this contact and understands its professional nature. Golden Glow Yoga College instructors are strictly prohibited from touching students in what would be an inappropriate manner being unlawful, sexual or threatening in either nature or intent. Pandemic restrictions on social distancing will be applied.

#### **Photo Release and Use:**

- Pictures may be taken during workshops or classes and Teacher Training and used in a promotional capacity such as Facebook, Twitter, Flickr, YouTube, the company website etc. By agreeing to these Terms and Conditions customers give full permission for this information to be released. However, students will be given the opportunity to refrain from photo shoots if they so desire. Notice of shoots will always be given.
- Golden Glow Yoga College retains no liability for use of pictures or videos taken by other observers or participants, paying or otherwise in the workshops/ retreats or classes or teacher training. Photos and videos taken by customers during workshops are deemed to be for learning and personal use only. Sharing this information with third parties or for financial gain without full permission of Golden Glow Yoga College is strictly prohibited.

#### **Use of Materials:**

- Materials that are part of any workshop or class including but not limited to the Golden Glow Yoga Colleges' hand-outs or manuals, the general layout of the Golden Glow Yoga College websites, logos, trademarks and web pages content are the property of Golden Glow Yoga College. Using this information with third parties or for financial gain without full permission of Golden Glow Yoga College is strictly prohibited.





#### Program Changes:

Golden Glow Yoga College reserves the right to alter the programs and to select staff from a pool of qualified teachers depending upon availability.

**Certification** – Yoga Alliance International and Yoga Alliance Professionals are the certifying bodies for Golden Glow Yoga College Ireland

#### Changes to our Policy:

From time to time It may be necessary for us to review and revise these Terms and Conditions. Golden Glow Yoga College reserves the right to review and change these Terms and Conditions at any time. If revised, changes will be posted on the website.

#### Acceptance

Participation in any program run by Golden Glow Yoga College will be accepted as agreement to these Terms and Conditions. The services offered cannot be availed of without clear understanding and acceptance of the terms and conditions laid out herein.

#### Online Use Only

□ *Upon submitting the application and clicking the button “I agree to these terms and conditions” you fully and voluntarily agree to said Terms and Conditions and acknowledge that you have both read and fully comprehend the nature and consequences of agreement to these Terms and Conditions. If you have not read, understood or do not agree to these terms and conditions do not proceed which is by clicking on the Agreement button.*

#### **D1) The additional specific terms and conditions under which service for 200hr 300hr and 500hr Yoga Teacher Training is provided and how the student teacher will attend and participate in Golden Glow Yoga College teacher certification and training programs**

##### **I understand and agree that, in order to become a certified Golden Glow Yoga College Yoga teacher:**

I, the Student Teacher must attend, fully participate in, and successfully complete the certification course presented by GGYC. (“Golden Glow Yoga College Teacher Training Program”), as more fully described in the course description materials available in the GGYC Brochure and on the GGYC website [www.goldenglowyoga.ie](http://www.goldenglowyoga.ie)

2. Whether I the Student Teacher has successfully completed the GGYC Yoga Teacher Training Program will be determined by Golden Glow Yoga College at their sole discretion, based on my demonstrated command of the skills necessary to teach Golden Glow Yoga College Yoga classes. An independent Senior Instructor maybe appointed by The Board to examine. All assignments, assessments and examinations for 200hr must be completed no later than one month prior to graduation. 300hr course attendance and certification with GGYC is possible for all 200hr graduates of all yoga disciplines. Application will be considered on an individual basis. Course work is tailored to each student as deemed appropriate, in keeping with the students previous study and the GGYC Curriculum.

3. I am entitled to apply for the Golden Glow Yoga Teacher Senior Program, which is a mentoring program and offers a 500-hour certification which, if passed, would qualify me as an Advanced Certified Golden Glow Yoga College Yoga Teacher only

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after permission to do so has been given by the Board and accept this decision as final. The reasoning for any refusal of application will be explained in writing if required and opportunity to discuss this will be given. The decision of the Board is final. I understand that this qualification will enable me, with permission, and with evidence of the necessary teaching hours completed ( reviewed at the discretion of The Board ) to teach on the GGYC Yoga Teacher Training Courses at 200hr and 300hr under the supervision of a YAI Grand Master.

4. I understand that all fees must be paid in full prior to attendance unless otherwise agreed. No student can graduate with fees outstanding. A Registration Fee is required to secure a place on a teacher training course and is refundable only in the event of the course being cancelled by GGYC for any reason. A place must first be offered to the student teacher in writing by email, before any Registration Fee is accepted.

**This Teacher Training Contract will be required to be signed and returned within 14 days of receipt and the Registration Fee paid will be considered as the intention to create legal relations.**

**5. When I become a certified Golden Glow Yoga College Yoga teacher:**

- i) I am entitled to teach yoga classes in the method and style taught in the Golden Glow Yoga College Yoga Teacher Training Programs.
- ii) I may refer to myself as a “Certified Golden Glow Yoga College Yoga Teacher” and a Yoga Alliance International Qualified Teacher and Yoga Alliance Professionals registered teacher as appropriate. I will ensure my personal insurance premium is valid and understand it is **recommended** that my emergency first aid certification is in date.
- iii) I understand I am a certified member of Yoga Alliance International and part of the SriMa family. I will ensure my annual subscription to GGYC is maintained.

**PRINT AND RETURN**

**E) The terms and conditions governing the student teachers use of the Golden Glow Yoga College methods, techniques, systems, procedures and proprietary written and recorded materials.**

**In addition to the foregoing, I the Student Teacher understand and agree that:**

1. The policies and requirements of Golden Glow Yoga College set forth in this Agreement may be supplemented from time to time by the policies and requirements of facilities owned by parties other than Golden Glow Yoga College that may be used for the Golden Glow Yoga College Teacher Training Programs, and I agree to abide by all such third-party policies and requirements as a condition of my participation in such programs.
2. All materials provided in connection with the Golden Glow Yoga College Yoga Teacher Training Program including without limitation, written or printed documents, photographs, audio and video recordings and software programs, and all copies and derivative works relating thereto (the “Golden Glow Yoga College Yoga Materials”), are and will remain the sole and exclusive property of Golden Glow Yoga College.
3. I have the right to use the “Golden Glow Yoga College” (“Brand”) in connection with any product or merchandise only after approval by Golden Glow Yoga College
4. I will, at my own expense, defend, indemnify and hold harmless Golden Glow Yoga College and its owners, directors, officers, employees, agents and representatives from and against any and all liabilities, claims, causes of action, suits, damages,

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including without limitation, suits for personal injury or death of third parties, and expenses, including reasonable Legal ' fees and expenses, for which Golden Glow Yoga College becomes liable, or may incur or be compelled to pay by reason of my activities or my breach of the terms of this Agreement.

5. I acknowledge the ownership of the Brand by Golden Glow Yoga College and agree that I will do nothing inconsistent with such ownership, and that all use of the Brand and all goodwill arising out of any use of it by me will inure solely to the benefit of Golden Glow Yoga College.

6. I will not use any confusingly similar name or mark without the prior written approval of Golden Glow Yoga College. I acknowledge and understand that nothing in this Agreement gives me any right, title or interest in the Brand. The nature and quality of all services I perform in connection with the Brand will conform to Standards for Services Contract set forth in the Golden Glow Yoga College Teacher Training 500hr Mentoring Programs and as otherwise established from time to time by Golden Glow Yoga College.

7. I am not, and will not hold myself out to be, an employee, subcontractor, representative or agent of Golden Glow Yoga College unless agreed in writing and nothing herein constitutes or implies the existence of a partnership, joint venture or grant of a franchise between me and Golden Glow Yoga College. Any rights granted to me hereunder are personal in nature and may not be transferred or assigned. I may be eligible to apply to become a volunteer at GGYC offices, studios or events. This must be agreed in writing.

8. This Agreement will terminate and all rights granted to me hereby will automatically terminate, upon the first to occur of: (a) my failure to successfully complete the Golden Glow Yoga Teacher Training Program; (b) my failure to comply with any of the terms and conditions of this Agreement; (c) my use of the "Golden Glow Yoga College" name in any manner not expressly permitted by this Agreement or (d) my failure to adhere to the standards established by Golden Glow Yoga College. Immediately upon the termination of this Agreement for any reason, I will return all Golden Glow Yoga College materials in my possession or control to Golden Glow Yoga College.

9. GOLDEN GLOW YOGA COLLEGE HEREBY DISCLAIMS ANY REPRESENTATIONS OR WARRANTIES REGARDING THIS AGREEMENT, THE PRODUCTS, SERVICES OR TRANSACTIONS CONTEMPLATED HEREBY, INCLUDING (WITHOUT LIMITATION) ANY IMPLIED WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE OR NON-INFRINGEMENT OR IMPLIED WARRANTIES ARISING OUT OF COURSE OF DEALING, COURSE OF PERFORMANCE OR USAGE OF TRADE.

10. Golden Glow Yoga College, its Directors, and volunteers WILL BE NOT BE LIABLE (WHETHER IN CONTRACT, WARRANTY, TORT (INCLUDING, BUT NOT LIMITED TO, NEGLIGENCE, PRODUCT LIABILITY OR OTHER THEORY), TO ME OR ANY OTHER PERSON OR ENTITY FOR ANY INDIRECT, INCIDENTAL, SPECIAL OR CONSEQUENTIAL DAMAGES ARISING OUT OF THIS AGREEMENT, EVEN IF GOLDEN GLOW COLLEGE HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH COSTS OR DAMAGES.

**This Agreement sets forth the entire agreement between Golden Glow College and me concerning its subject matter and supersedes any understandings or agreements to the contrary, including any oral representations or other statements. The failure of Golden Glow Yoga College to enforce any provision of this Agreement will not constitute a waiver of any such provision or any other provision.**

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**F) THE STUDENT TEACHER UNDERSTANDS**

- 1 Golden Glow Yoga College does not accept credit for previous education, training, work experience (experimental learning) in another Yoga environment unless clearly agreed by the Board. Offer of a place will constitute acceptance.
- 2 Golden Glow Yoga College reserves the right to reschedule a program start /finish date if required and has the right to adjust any training dates, programs and delivery process as deemed necessary by the Board in response to public bodies. This includes pandemics.
- 3 Golden Glow Yoga College reserves the right to discontinue the student’s training for unsatisfactory progress or failure to abide by College rules.
- 4 This document does not constitute a binding agreement until accepted in writing by all parties.

**G) THE STUDENT TEACHER ACKNOWLEDGES PRINT AND SIGN THIS SECTION**

I have carefully read and received an exact copy of this enrolment agreement.

**Student Initials:** \_\_\_\_\_

I understand that Golden Glow Yoga College may terminate my enrolment if I fail to comply with attendance and financial requirements.

**Student Initials:** \_\_\_\_\_

I understand that Golden Glow Yoga College must be paid in full before a certificate may be awarded.

**Student Initials:** \_\_\_\_\_

Details of Financial Agreement \_\_\_\_\_

**Student Initials** \_\_\_\_\_

**H) Acceptance Contract PRINT AND SIGN THIS SECTION**

**Student Teacher**

I, the undersigned have read and understood this agreement and acknowledge receipt of a copy. It is further understood and agreed that this agreement supersedes all prior or contemptuous verbal or written agreements and may not be modified without the written agreement of me the student teacher and a Director of The Golden Glow Yoga College.

My signature below signifies that I have read and understand all aspects of this agreement and do recognise my responsibilities in relation to this agreement.

Print Name: .....

Date: .....

**Signature of Student Teacher:** .....



**Representative and Director of Golden Glow Yoga College**

I hereby certify that ..... has been interviewed and assessed by me and in my judgement, meets the requirements for acceptance as a student. I further certify that there have been no verbal or written agreements or promises other than those that appear in this contact.

Print Name: .....

Date: .....Signature of Director: .....

**Please see the Class Enrollment form below.**

**Please only complete this if you have not already done so previously.**

**If you have attended classes, workshops or meet and greet occasions with GGYC you will have been asked to complete this on time only form already.**



SECTION I)

YOG CLASS ENROLMENT FORM PRINT and SIGN (only if not already completed)

All information is Private & Confidential

Name..... Address .....

Date of Birth..... Contact No.....

Email ..... Emergency Contact No.....

We would like to send you occasional updates or offers by email or text. Please confirm that this is acceptable to you  
Yes / No

Where did you hear about Golden Glow Yoga College.....

You are not obliged to complete this questionnaire; however, it will be helpful to the teacher. Please complete as fully as possible so that your individual needs and experience may be taken into consideration.

Do you have any previous experience of yoga, please give details

.....

Yoga covers a variety of subjects, e.g. postures, stretching, breathing, relaxation, meditation, etc. Please indicate which area you are particularly interested in

.....

Do you have any particular reason for your interest in yoga and how do you hope to benefit ?

.....

Do you have any conditions, health problems or previous injuries? If yes, please state. (These include recent surgery, pregnancy, blood pressure, asthma, whiplash, back or heart problems, diabetes, depression, vertigo, previous strains, bone fractures or breaks, etc.) Please discuss this with your instructor.

.....

What other forms of exercise do you take, if any?

.....

**If you are unsure whether or not you should practice yoga due to any health problems, please consult your doctor.** While every effort is made in the course of the sessions and classes to provide practices, exercises and training which are suitable to the student, it is the duty of the student to inform the teacher of all illnesses or weaknesses of whatever nature which might render the practices, exercises and training injurious or strenuous to the student. It is not necessary for the student to undertake the practices, exercises and training suggested by the teacher. All practices, exercises and training are undertaken by the student voluntarily and in any event of accident or injury no claim will lie against the teacher or owner of the premises or the organiser of the classes. Parental approval is needed for minors who wish to participate in our classes **Minors should also sign please.**

Signature..... Date.....



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